

SynchroPEI

Competition Packing List.

Please ensure you have the following items packed for all competitions:

Swim Bag

- Swim Suits:
 - Competition*
 - Black Figures
 - Spacing
- Swim Caps:
 - Black & Red Spacing
 - White
- Goggles
- Nose Clips
- Head Pieces*
- Hair Supplies*
- Makeup*
- Naiads Clothing:
 - Naiads Shell Jacket
 - Naiads Yoga Jacket
 - Naiads T-Shirts
 - Black Yoga Pants
 - Black Yoga Shorts (optional)
 - Black Flip Flops
- Makeup Remover*
- Water Bottle
- Towels
- Medication (if required)
- Healthy Snacks (for the pool)

Overnight Bag

- Toiletries
- Sleepwear
- Pocket Money
- Recreational Activities
- Banquet Attire*
- Other

Hair Supplies*

- Hair Elastics (Normal and Mini)*
- Hair Brush & Comb*
- Hair Pins (aka Bun Pins)*
- Bobby Pin*
- Flexible Comb Headband (Picket Fence)*
- Snap Clips*

(*) Indicates that the athlete's responsibility for this item is determined by their coach.

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